



# Co-Parenting Works!

*Helping Your Children Thrive after Divorce*

By [Tammy Daughtry](#)

**\$14.99**

ISBN: 0310325528

ISBN-13: 9780310325529

UPC: 025986325527

## Formats:

- [Softcover](#)
- [Ebook \(ePub\)](#)
- [Audio Download \(Unabridged\)](#)

## More information Available:

[coparentinginternational.com/co-parentingworks](http://coparentinginternational.com/co-parentingworks)

## Table of Contents

### **Introduction: Finding Your Heart in Love and War**

Chap. 1: Getting Started in Co-Parenting

### **PART 1: BECOMING A STABLE AND EFFECTIVE CO-PARENT**

Chap. 2: How on Earth Did It Come to This?

Chap. 3: You Are Not Alone—Even if It Sometimes Feels Like It

Chap. 4: Finding Your Stability

### **PART 2: IT'S NOT ABOUT YOU—IT'S ABOUT THE KIDS**

Chap. 5: Kids in a Post-Divorce World

Chap. 6: Parenting Forward

Chap. 7: Your Children Love You Both—and That's a Good Thing

### **PART 3: CREATING A CO-PARENTING TEAM**

Chap. 8: Five Categories of Co-parenting

Chap. 9: Taking the Initiative: How to Begin Forming a Cooperative Colleague Partnership

Chap. 10: TEAMM Meetings

Chap. 11: Creating Consistent Standards for Discipline

Chap. 12: Including the Stepparent

**PART 4: IF IT CAN GO WRONG ...**

Chap. 13: When Your Co-parenting Partner Won't Cooperate

Chap. 14: When the Wheels Come Off

Chap. 15: The Influencers: Who Is Speaking to Your Children About What?

**PART 5: WHEN CO-PARENTING IS IMPOSSIBLE**

Chap. 16: Abandonment: Can You Co-parent Alone?

Chap. 17: When Your Ex Is Unsafe

**PART 6: MOVING ON WITH YOUR LIFE**

Chap. 18: Dating Again

Chap. 19: Remarriage

**PART 7: AND INTO THE FUTURE**

Chap. 20: Co-parenting for Life—Even After Child Support Ends

Chap. 21: What Will Your Kids Remember?

**Conclusion: Be Brave!**

